



Dermal Fillers General Treatment Information

RESTYLANE®, PERLANE® and JUVEDERM®

- Avoid touching the treated area for six hours.
- After that, light makeup can be applied and the area can be gently washed with soap and water.
- Do not expose the treated area to intense heat (e.g. solarium and sunbathing) or extreme cold for at least two weeks.

Immediately after the treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. This is a normal result of the injection. The inconvenience is usually temporary and generally disappears in less than 6 hours after injection into the skin and less than 1-2 days after injection into the lips. Occasionally the initial swelling after lip treatment may last longer. Occasionally some patients experience swelling for about a week and the lips can look somewhat uneven during this time. This means that the result directly after the treatment should not be seen as the final result. If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores. If you are using aspirin or any similar medication, be aware that these may increase the bruising and bleeding at the injection site. Cold compresses or ice pack can also be used to reduce any swelling, itching or discomfort.

Other types of reactions are very rare, but occasionally some patients have experienced other reactions. Please be sure to review the consent form for further details.

These aesthetic products are temporary injectable fillers and the duration of the effect can vary from patient to patient. You may wish to consider additional treatments before the effect has completely dissipated.

Instructions to Minimize Discomfort:

You may wish to take a regular dose (325 to 1000 mg – depending on your size) of plain Tylenol every 4-6 hours after your treatment for a day or so. This will generally make you more comfortable. It is also a good idea to apply ice to the treated area for 20 minutes every 4 – 6 hours for the first 12 –24 hours after your treatment.