



Waxing Pre and Post Instructions

Before your treatment:

- Avoid sun exposure and tanning beds to treated areas 1 week prior to treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is always recommended.
- Avoid applying lotion on treatment for 24 hours prior to treatment.
- Avoid excessive exfoliation or scrubs on treatment areas 48 hours prior to treatment.
- Avoid any irritants to your skin, such as any products containing: Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 week before your treatment.
- DO NOT wax, tweeze, or use a depilatory on treatment areas for 1 week prior to your treatment.
- After your treatment:
- Avoid sun exposure and tanning beds to treated areas 1 week after treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is always recommended.
- Avoid any irritants to your skin, such as any products containing: Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 week after your treatment.
- Avoid hot showers, chlorinated pools, spas, and saunas.